

grain & grill

BAR & RESTAURANT

Maldron Hotel Oranmore Galway

APPETISERS

Trout €8.50

Traditional griddled Irish rooster potato cakes, Cold smoked "goat's bridge trout" (Co Kilkenny) lemon and herb crème fraiche. Pea shoots.

Contains Allergens No 3 Fish, 6 Cereals containing gluten, 7, 8

 *Signature Dish*

Sticky spicy chicken wings (GF) €7.50

served with blue cheese dip and celery sticks

Contains Allergens 7, 8, 10, 11, 12

Warm crispy chicken Caesar salad €8.50

Cos lettuce, bacon bits, croutons

Contains Allergens 6 cereals containing gluten, 8, 10, 11

Organic Irish goats cheese (GF) €7.95

Rolled in hazelnuts, seasonal salad

Contains Allergens 5 nuts, 8, 10, 11

Garlic & herb mushrooms €7.95

Lightly crumbed seasonal salad and garlic mayo

Contains Allergens 6 cereals containing gluten, 7, 8, 10, 11

Locally sourced seafood chowder (GF) €6.95

and homemade brown bread

Contains Allergens No1 & 2 Shellfish, No3 Fish, 6 cereals containing gluten, 7, 8, 10, 11

Chef's seasonal soup (GF) €5.50

Contains Allergens 8, 10, 11, 12

FROM THE GRILL

10 oz. aged 30 days, Hereford sirloin steak €24.95

Mushrooms, onion rings, thin cut chips, pepper sauce

Contains Allergens 6 cereals containing gluten, 8, 10, 11

Espetadas €16.95

Marinated Irish chicken fillet chunks and Jane Russell's award winning Merguez Sausages (exclusive to Maldron Hotels).

Tender chicken and sausage skewers with bay leaves, garlic and olive oil. Served with crusty bread, tomato salad and garlic aioli

Contains allergens 5 nuts, 6 cereals containing gluten, 7, 8, 9, 11, 13

 *Signature Dish*

8oz slow cooked rump of Irish organic lamb (GF) €19.95

With rosemary jus

Contains Allergens 8, 9, 11

Lamb burger 8oz €14.95

(Made in Co Galway by Heaney Butchers) Macroom Irish style Feta and sun blushed tomato Irish Lamb burger. Tzatziki dressing, Nigella flat bread and wild rocket.

Contains allergens 6 cereals containing gluten, 7, 9, 11

 *Signature Dish*

Corn fed, maple glazed chicken breast (GF) €16.50

Mustard jus, roast vegetables, champ

Contains Allergens 8, 10, 11, 13

Pan fried fillet of hake (GF) €16.50

Spring onion mash, lemongrass sauce

Contains Allergens 3 fish, 8, 9, 10, 11

6 oz. aged 30 days, Hereford sirloin steak €15.95

Ciabatta, sautéed onions and mushrooms, thin cut chips, pepper sauce

Contains Allergens 6 cereals containing gluten, 8, 10, 11

Traditional fish and chip €15.95

Haddock fillet, in crisp beer batter, gribiche sauce, caramelised lemon and twice cooked chips

Contains Allergens 3 Haddock 6 cereals containing gluten, 8, 10, 11

 *Signature Dish*

Signature Irish Angus burger 8oz with fries €14.95

Served in a brioche bun with crisp lettuce, tomato, mayo and Swiss cheese

Contains Allergens 6 cereals containing gluten, 8, 10, 11, 13

 Signature Dish

Fully loaded chicken burger with fries €14.95

Marinated corn feed chicken breast, avocado, cheddar cheese, lettuce, tomato, red onion brioche bun

Contains Allergens 6 cereals containing gluten, 7, 8, 10, 11

HOUSE FAVOURITES

Tagliatelle bolognese €14.50

Irish mince beef with rosemary, garlic and parmesan cheese

Contains Allergens 6 cereals containing gluten, 7, 8, 11, 13

Chicken & bacon carbonara €14.50

Topped with creamy parmesan cheese sauce

Contains Allergens 6 cereals containing gluten, 7, 8, 10, 11

Grain & Grill chicken curry €14.50

Tender pieces of Irish chicken cooked in a creamy Korma sauce, served with steamed basmati rice, toasted almonds and poppadoms

Contains Allergens 4 Nuts, 5 Peanuts, 6 cereals containing gluten, 7, 8, 10, 11

 Signature Dish

Vegetarian gnocchi (GF) €14.50

Tomato sauce, cream, spinach & parmesan cheese

Contains Allergens 7, 8, 9, 11

Ricotta and spinach ravioli €14.50

Red peppers, basil pesto, creamy mushroom and white wine sauce with parmesan shavings and garlic bread

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Chicken tenders €13.95

Seasonal salad, garlic mayo & thin cut fries

Contains Allergens 6 cereals containing gluten, 8, 10, 11, 13

Roast of the day market price

Contains Allergens 6 cereals containing gluten, 8, 10, 11

Catch of the day market price

Contains Allergens 3 Fish, 6 cereals containing gluten, 8, 10, 11

Margarita pizza €10.95

Tomato sauce and mozzarella cheese

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Godfather pizza €13.50

Bacon, spicy beef, chorizo & cheese

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Hawaiian pizza €13.50

Ham, pineapple & cheese

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Cajun chicken pizza €13.50

Cajun chicken, cheese, mixed peppers & red onion

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Pepperoni €13.50

Pepperoni & mozzarella

Contains Allergens 6 cereals containing gluten, 7, 8, 11

DESSERTS

Wild berries €7.95

Caramelised Wild Baked Berries (Co Wexford) with brandy and creamy mascarpone cheese. Served with lightly toasted Brioche soldiers.

Contains Allergens 6 cereals containing gluten, 7,8,11

 Signature Dish

Apple crumble €5.50

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Carrot cake €5.50

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Black forest gateau €5.50

Contains Allergens 6 cereals containing gluten, 7, 8, 11

Maldron Cheesecake €5.50

White chocolate & fresh raspberry cheesecake, rich chocolate sauce, berries and whipped dairy cream

Contains Allergens 6 cereals containing gluten, 7, 8, 11

 Signature Dish

SPECIALITY COFFEE AND TEA

Irish Coffee (Whiskey) €5.90

French Coffee (Brandy) €5.80

Calypso Coffee (Tia Maria) €5.90

Hot Whiskey €5.10

Hot Port €5.10

Bewley's Peppermint Tea €2.75

Bewley's Rooibos €2.75

Bewley's Camomile €2.75

Bewley's White Tea with Cranberry €2.75

Bewley's Green Tea €2.75

Traditional tea €2.50

Americano €2.40

Cappucino €2.75

Hot Chocolate €2.75

Latte €2.75

Allergen Index

No. 1 & 2 Shellfish, No. 3 Fish, No. 4 Peanuts, No. 5 Nuts,
No. 6 Cereals containing Gluten, No. 7 Milk, No. 8 Soya, No. 9 Sulphur
Dioxide, No. 10 Sesame Seeds, No. 11 Egg, No. 12 Celery and Celeriac,
No. 13 Mustard, No. 14 Lupin

(GF) Gluten free.

Many of these dishes can be adapted for coeliacs, please
ask your server for details.